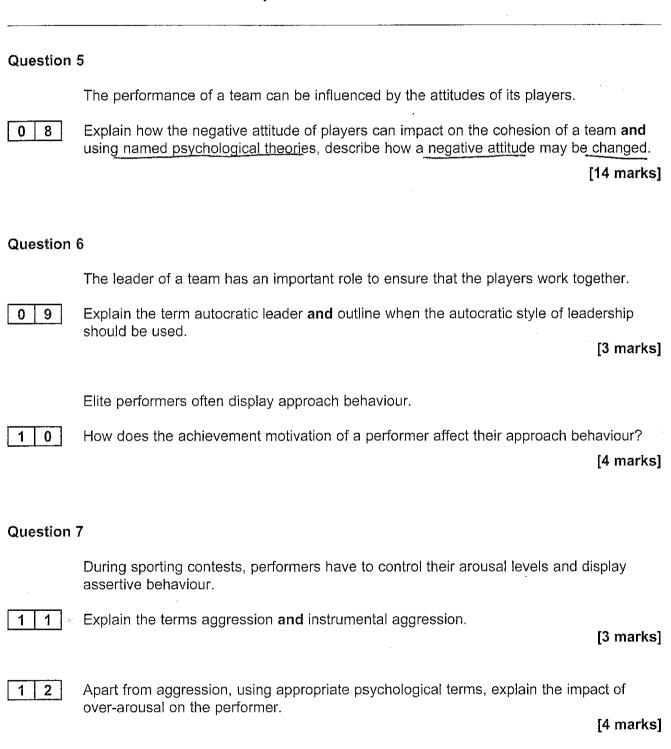
## Section B

## Answer three questions.

Answer Question 5 and any two from Question 6, Question 7 or Question 8.



## Question 8

Elite performers have to maintain high levels of motivation to perform at their optimum level

1 3 How can a coach use attributions to maintain high levels of motivation following a defeat?

[3 marks]

1 4 Identify and explain the different types of goals that a coach could use to motivate performers.

[4 marks]

## Turn over for the next section

Effort Ability
Task Diff Luck