Using your green pen review the questions that you helped devise last week. Can you make any improvements?

Aggression

Define the 4 types of aggression (4 marks)

Explain the difference between aggression and assertion and give a sporting example (3 marks)

Outline all 4 theories of aggression and describe strategies which could be used to curb aggression (14 marks)

Outline and explain the four theories of aggression describing their advantages and disadvantages for each. (14 marks)

Explain the advantages and disadvantages of the social learning theory of aggression (4 marks)

Outline the frustration/ aggression hypothesis and explain the model. (3 marks)

Describe and explain how a coach and an official can limit aggressive act (14 marks)

State three ways to limit aggressive acts (3 marks)

Outline ways a captain can limit aggressive behaviour in his team (4 marks)

Outline and evaluate the Instinct theory (4 marks)

Evaluate the Aggressive Cue hypothesis (3 marks)

Explain the Social Learning theory of aggression and discuss the advantages and disadvantages of it (14 marks)

Using your green pen review the questions that you helped devise last week. Can you make any improvements?

Confidence

Describe in detail one strategy for combating social inhibition (3 marks)

Give 2 examples of strategies to combat social inhibition using sporting examples (4 marks)

Explain the term self- efficacy and explain how it can affect the individual’s performance (4 marks)

Using Banduras’ model state and explain how to develop self-efficacy (4 marks)

Discuss the factors which contribute to the development of self-efficacy and suggest strategies to develop high levels of self-efficacy (14 marks)

State three factors affecting social facilitation (3 marks)

Explain the difference between social facilitation and social inhibition (4 marks)

Outline evaluation- apprehension (4 marks)

Explain the advantages of a home field advantage (4 marks)

Outline the three theories of social facilitation and inhibition and how each affects self- efficacy.(14 marks)