AGGRESSION EXAM QUESTIONS

Using your green pen review the questions that you helped devise last week. Can you make any improvements?

**3 / 4 Marks**

Is aggression always negative in sporting situations? If not, how can aggression be used positively? (3)

Name and describe two different types of aggression using appropriate sporting examples for each. (4)

Explain one theory of aggression. (3 marks)

Explain the difference between channelled aggression and hostile aggression. (4 marks).

**Essay questions**

Explain the theories of aggression and whilst stating the causes, outline the solutions to aggressive behaviour. (14 marks)

Using appropriate psychological theories, describe why aggression occurs in sporting situations. Also, what are the various methods used to combat hostile aggression? (14)

CONFIDENCE EXAM QUESTIONS

Using your green pen review the questions that you helped devise last week. Can you make any improvements?

**3 / 4 marks**

State and explain the three factors which affect self efficacy. (3)

Explain the four different types of ‘others’ that according to Zajonc ma have an impact on your performance. (4)

Explain the difference between self-confidence and self-efficacy. (3 marks)

Describe the factors that contribute to the development of self-efficacy. ( 4 marks)

**Essay questions**

Discuss the statement that home field advantage will always improve advantage. Then explain different strategies for combating social inhibition. (14)

Explain social facilitation and how it affects performance. Additionally, outline the factors that affect social facilitation and the strategies used to combat social inhibition. (14 marks)